

Today, we celebrate the life of Garrett Seyler. He's not dead, he's actually sitting right there. I've known Garrett vaguely since our four years together at East, but this was the first time I got to sit down and have an in-depth conversation with him. In that conversation, we covered a lot of topics and I think I have a grasp on the kind of person Garrett is. In my interview with him, I learned that Garrett Seyler is very laid-back, he works hard when he commits to a goal, and he has a great taste in television.

When talking to Garrett, he was incredibly calm. Here's this random guy you barely know asking random questions and Garrett just takes the situation in stride and gives me honest, well-thought out answers. I even asked him what the meaning of life was and he gave me such a great answer. One thing I admire about Garrett is his ability to relax. I've never seen him stressed out about anything and I wish I had that same ability. It's no wonder Thouston is one of his favorite teachers.

Another highlight of Garrett's is his work ethic. He's been on the swim team since Freshman year, and it really helped to hone his work ethic and channel his competitive drive in a healthy way. Garrett's dedication to whatever he puts his mind to is admirable. He is super disciplined and stays away from bad influences. Even when mundane things like schoolwork bog him down, he stays focused and gets to work.

In childhood, Garrett had a wide selection of things to do in Virginia. Living there was very different from Kansas. Things in Virginia move a lot faster. Everyone is doing something and there's a strong government and military presence, but Garrett usually found himself using TV as an escape from his surroundings. He really gravitated towards the early 2010s era of Disney channel shows like Jessie, Lab rats, and such, and you can see it in his humor. Garrett has the sense of humor that takes you by surprise. Things will be quiet for a second and then you hear Garrett from the corner of the room crack one and it's the funniest thing you've heard.

In life, we strive to be special and do all these things to stand out, and in turn get lost in a sea of individuality, but one thing we can all learn from Garrett is that the only validation you should seek is your own. Garrett is a funny, relaxed, and dedicated guy who might be a little scared of the future, but he's ready. I loved his answer to the meaning of life. He said it's all about finding a deeper happiness under the surface of materialism. We don't need objects to fulfill ourselves, and we shouldn't live in an unhappy environment. We should hold our passions close and hold the ones we love closer. Congrats on existing, Garrett! We could all learn a little more from you.